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| Notification of bullying behaviour |
| This notification is about behaviour that has distressed me. The essential details are recorded below.  |
| Name: |
| Is supporting information attached? Yes / No  |
| Summary of the behaviour (details, times, dates, public or private interactions): |
| Relationship of person to me (manager, colleague or customer): |
| It’s unreasonable because:  |
| It’s repeated because:  |
| It’s created a risk to my health because:  |
| How it’s made me feel:  |
| How it’s affected my work:  |
| Low-key solutions I’ve considered are:  |
| The outcome of that consideration was:  |
| To be designed similar to this please: |